

This guide was produced by volunteers in solidarity with the migrant community. It is available to be updated with new information or otherwise modified here: bit.ly/guia-migrante



It is important to remember that all migrants are going through the same struggle. Hard times can make us distrust one another, but all migrants are being abused by the same system, and the migrant community will be stronger if it is united and works together to overcome this challenge.

YOUR IMMIGRATION NUMBER: _____

MIGRANT GUIDE

Because of the policies of the current U.S. government, migrants seeking asylum in the United States will likely have to wait in Mexico for at least 3 or 4 months before applying. This long stay can be very difficult, especially if you do not have a place to stay or money to support yourself for that amount of time. This guide exists to help migrants navigate the available resources Tijuana has to offer.

NOTE: The situation at the border is changing quickly, and this guide will not reflect any changes that occurred after the date it was published.

Published: July 24th, 2019

KITCHENS

NAME	ADDRESS	PHONE	
1 Enclave Caracol	Calle Primera 8250, Zona Nte.	664 379 1818	
2 Comedor Contra Viento y Marea	7310-A, Calle Primera Zona Centro		

CLINICS & HOSPITALS

NAME	ADDRESS	PHONE
3 Clinica HFIT	Av. Mutualismo 711 Zona Centro	664 638 4291
4 Prevencasa	Baja California 7580 Zona Centro	664 685 3392
5 Hospita Guadalajara	Calle Benito Juarez 2da 1413	664 685 8953
6 Hospital México	Paseo Tijuana 9077 Col. Empleados Federales	664 683 6363

ENCLAVE CARACOL

Monday - Saturday from 10 AM - 8 PM

- Meals served every Monday - Thursday at 5pm (1st Floor, **Food Not Bombs**)
- Computer access (1st Floor)
- Medical clinic (2nd Floor, **San Diego Border Dreamers**)
- Childcare center (3rd Floor)
- Workshops on asylum in the United States Tuesday- Thursday at 10:00 am (Spanish) and 12:30pm (all other languages) (3rd Floor, **Al Otro Lado**)
- Legal consultations every Tuesday- Thursday given in order of arrival (3rd Floor, **Al Otro Lado**)

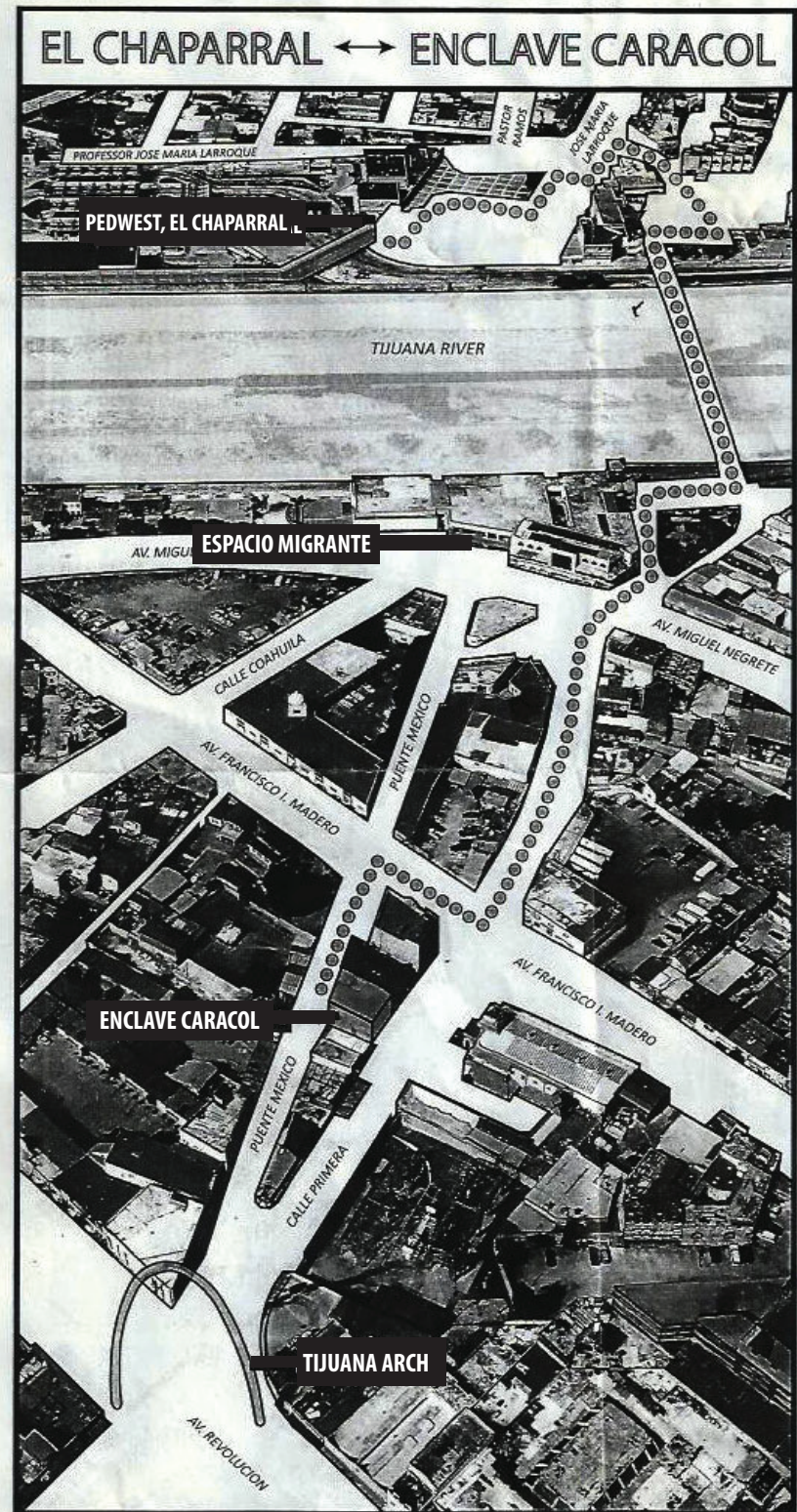
ESPACIO MIGRANTE

Monday - Friday from 7 AM - 6 PM | Saturday from 9 AM - 6 PM

- Free workshop on migrant rights & how to make complaints
- Legal consultations from 9am -5pm
- Language classes (Spanish and English)
- Computer classes

COMEDOR CONTRA VIENTO Y MAREA

- Meals served 12:00-1:00pm and 5-7pm Monday - Saturday
- Computer access
- Donations available: Clothes, Blankets, Hygiene Kits, Toys, etc. Monday - Saturday (ask upon arrival); Donation selection every Friday at 5pm



English
Español
Français
Kreyòl

APPLYING FOR ASYLUM IN THE UNITED STATES

Before you can apply for asylum in the U.S., you must bring your documents to El Chaparral and ask for a number. Your number will be printed on a small slip of paper, it is VERY IMPORTANT that you write your number down in several places, including on your cell phone, so that you will not lose it. In the morning at El Chaparral they will call out the next numbers in the list that can enter the U.S. and apply for asylum. You need to be at El Chaparral when your number is called, but you do NOT need to go to El Chaparral every morning. You can check the last number called each day online, and come to El Chaparral when your number is close to being called. There is only a one day grace period if you are not present when your number is called, so it is advised that you go to El Chaparral if your number is within 20 of the last number called. You can see the last number called by going to this website: <http://elnumerodelalista.com/>.

It is recommended that migrants seek legal counsel at these times:

- Before applying for asylum to prepare for the process.
- If you have already applied for asylum, and are waiting in Tijuana for your court date

Legal counsel is available at Enclave Caracol (information about Enclave on page 2).

APPLYING FOR ASYLUM IN MEXICO

NOTE: If you receive asylum status in Mexico, it may negatively affect your U.S. asylum case.

To apply for asylum, you must submit your request in writing (or verbally if you cannot present it in writing), and provide your ID and reasons to support your request. You can apply for refugee status at the Mexican Commission for Refugee Aid (COMAR) (Mexico City), Acayucan (Veracruz), Tenosique (Tabasco), Tapachula (Chiapas), or the **Immigration Regulatory Offices of the National Institute of Migration**. The request must be submitted within 30 business days from when entering the country. If you have been in Mexico for more than 30 days, you must explain why you were unable to apply before. If you do not speak Spanish, a translator or interpreter will be provided. The request will be reviewed and resolved within 45 business days from submission.

Upon receiving asylum status, you should receive the following rights:

- Health services
- Education and recognition of your studies
- The right to work
- Identity and travel documents issued by the Ministry of Foreign Affairs and the ability to request family reunification
- Immigration document proving status as a permanent resident

Instituto Nacional de Migración Oficina en Tijuana
Puerta México, International Border
Col. Federal C.P. 22310
Tijuana, B.C.
01(664) 683 61 01 or 01(664) 682 49 47
Email: bcdrbc@inami.gob.mx

Asylum Access
Avenida Revolución No. 1129, Interior 215
Entre calle 5a y 6a Zona Centro, C.P. 22000
(664) 821-8008
www.asylumaccess.org

If you need help or have questions, contact **Asylum Access**.

RETURNING TO YOUR COUNTRY OF ORIGIN

NOTE: If you select this option it will likely have a negative affect your asylum case if you have not already been denied.

As of this date, migrant persons with Honduran, Salvadoran, and Guatemalan nationality who wish to return to their country of origin and/or residence voluntarily may apply for assistance to pay for a bus ticket to return, regardless of their migration status.

For more information about this process, contact the embassy or consulate representing your country within Mexico.

Alternatively, you can contact **Grupos Beta** to ask if they can help you.

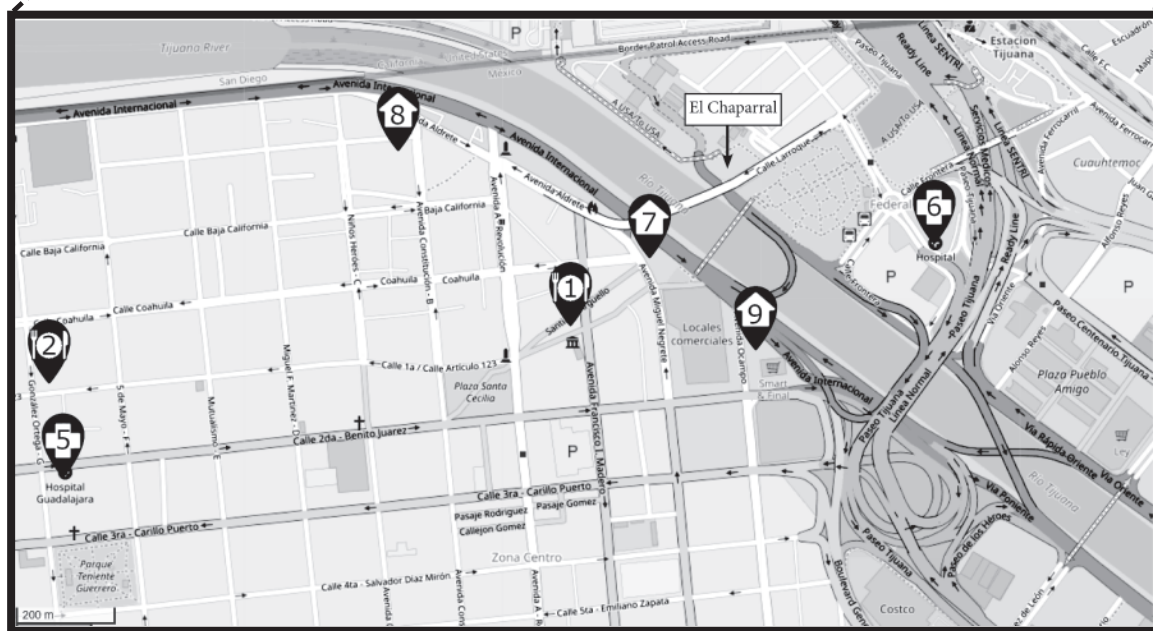
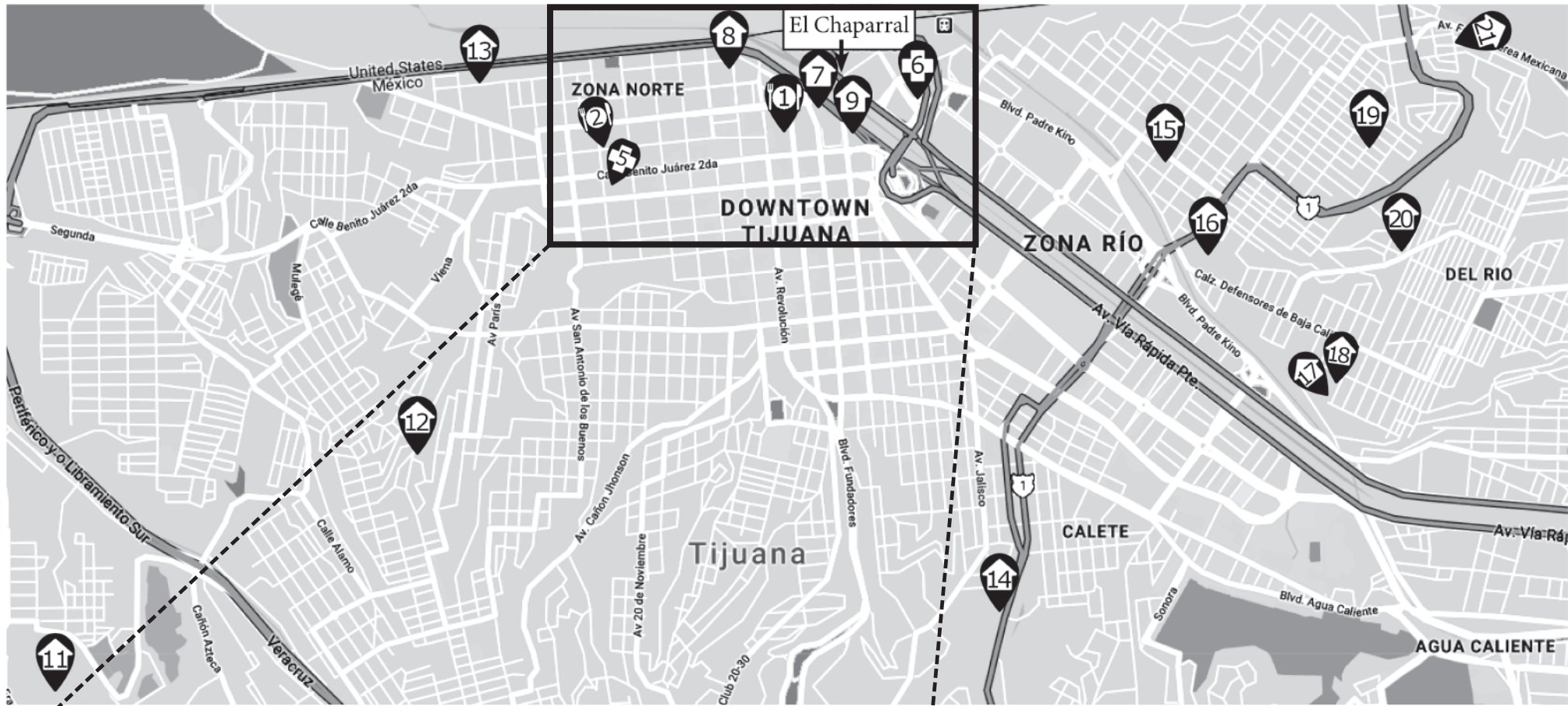
Grupos Beta (664) 682 3171
(664) 683 3068 (664) 682 9454

SHELTERS

**Some shelters may charge a small fee; call to inquire*

NAME	ADDRESS	PHONE	
7 Espacio Migrante	Av. Miguel Negrete 8350 Zona Urbana Rio	664 607 3458	
8 Movimiento Juventud 2000 Secc. Tijuana AC	Avenida Constitución 205 Zona Norte	664 210 0302	
9 Desayunador Salesiano Padre Chava	Avenida Melchor Ocampo 700 Zona Centro	664 688 2790	
10 Albergue Temporal Casa Arcoiris A.C.	*Referral Needed	664 290 9007	
11 Templo Embajadores De Jesús	Calle Cañón del Alacrán 4094 Divina Providencia	664 172 3591 664 229 0861	
12 Pro Amore Dei	Canon K 5981 Patrimonial Benito Juárez	664 232 3116	
13 Casa del Deportado Sagrado Corazón	Calle Ing. Fernando Sánchez Ayala Zona Nte.	664 114 8046	
14 Programa YMCA	Blvd. Cuauhtemoc Sur 3170 Madero Sur	664 686 1359	
15 Ejercito De Salvación	Av. Aquiles Serdan 11585 Colonia Libertad, Parte Baja	664 683 2694	
16 Ejercito De Salvación Casa Puerta de Esperanza	Calle 17 N°550 Buena Vista, Libertad	664 378 1748	
17 Casa del Migrante	Calle Galileo 239 Postal, Lopez Leyva	664 682 5180	
18 Instituto Madre Asunta	Calle Galileo 2305 Buena Vista, Lopez Leyva	664 683 0575	
19 Volviendo a la Patria A.C. Centro para Migrantes	Calle 20 974, Libertad	664 245 5535	
20 Casa De Oracion Del Migrante A.C.	Primera Sur 735 Buena Vista, Anexa del Rio	664 151 6508	
21 Leakad A.C.	Simon Bolívar 12512 Aeropuerto, Tijuana, B.C., Mexico	664 198 6636	
22 Misión Evangélica Roca de Salvación	Calle Huajicori 20704 Azteca Cañón 1 de La Raza	664 170 0321	
23 Fundación Centro para Migrantes A.C.	Brisa 15, Bugambilia Mariano Matamoros	664 162 5581	
24 Iglesia Cristiana Bautista Camino de Salvación	Calle 9, El Pipila	664 203 6082	
25 Iglesia Casa de Dios	Calle Nardo 9801, Florido III	1 619 327 3684	
26 Centro de Rehabilitación Jardín de las Mariposas	*Referral Needed	664 524 9217	
27 La Roca	Gonzalez Ortega 271 Zona Nte	664 688 0190	

Map Number Families Women Children Men LGBTQ+ Legal Services Medical Services Food Provided Computer Service Donations



**Some resources are located outside the view of this map
More information available at tijuanamigrante.com*